

**LUNCH**

Menu subject to change without notice

**NOVEMBER 2021**  
**SUSSEX TECHNICAL HIGH**

Breakfast and lunch provided  
**FREE** for all students

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**1**  
 Pork BBQ on a whole wheat bun  
 Baked beans  
 pears

**2**  
 Orange chicken  
 Brown rice  
 Steamed broccoli  
 Mandarin oranges  
 Assorted milk

**3**  
 Maxi cheese stix  
 Marinara sauce  
 succotash  
 Peaches  
 Assorted milk

**4**  
 Meatballs w/ sauce & cheese  
 peas, cheesy bread stick  
 side salad /Italian dressing  
 mixed fruit, assorted milk

**5**  
 Chicken Nuggets  
 Dinner roll  
 Steamed carrots  
 Assorted fruit  
 Assorted milk

**8**  
 \*\*Raven breakfast sandwich  
 Hash brown  
 Pears  
 Assorted milk

**9**  
 Pasta w/ meat sauce  
 Side salad w/Italian dressing  
 Garlic bread  
 Applesauce  
 Assorted milk

**10**  
 Stromboli  
 Steamed corn  
 Peaches  
 Assorted milk

**11**  
 NO SCHOOL

**12**  
 Chicken patty on Whole wheat bun  
 Sweet potatoes  
 Assorted fruit, assorted milk

**15**  
 Berks Hot dog/bun  
 Baked beans  
 Sweet potato tots  
 pears  
 Assorted milk

**16**  
 Soft tacos on flour tortilla  
 lettuce, tomato, cheese  
 salsa and refried bean  
 pineapple bites  
 Assorted milk

**17**  
 Pizza  
 Green Beans  
 Peaches  
 Assorted milk

**18**  
 Cheeseburger on a whole wheat roll.  
 Normandy blend,  
 Mixed fruit  
 Assorted milk

**19**  
 Chicken tenders  
 Dinner roll  
 Succotash  
 Assorted fruit  
 Assorted milk

**22**  
 Corn Dog  
 Baked beans  
 pears  
 Assorted milk

**23**  
 Beef nachos  
 Lettuce, tomato, cheese  
 Salsa cup  
 Applesauce  
 Assorted milk

**24**  
 NO SCHOOL

**25**  
 NO SCHOOL

**26**  
 NO SCHOOL

**29**  
 Cheese calzone  
 Marinara sauce cup  
 Steamed broccoli  
 Pears  
 Assorted milk

**30**  
 Cheesesteak sub  
 Snack bag  
 Mixed vegetables  
 Applesauce  
 Assorted milk

**NO SCHOOL**

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**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
[MySchoolBucks.com](https://www.MySchoolBucks.com)

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Daily offerings: Assorted fresh fruit, 100%fruit juice, assorted cold vegetables

Daily offerings: PB&J uncrustable ,  
 Sandwiches: Turkey &cheese, Italian combo, Cheese

\*\* Sausage, Egg, Cheese Biscuit